

MARCH 2024

A GOLDEN NIB PUBLICATIONS

FREEDOM FASHION

**FASHION
FORWARD**

*CUTTING EDGE
ACCESSORIES*

**EMBRACING
WORTHINESS**

*STAY STYLISH AND
FASHIONABLE AMIDST
CHAOS*



LIT FREEDOM FASHION
EVENT, INDIA

**UNMASKING
DEPRESSION
2024**

4th YEAR
fashion
event

MEET

*Yvette
Auger*

FREEDOM FASHION



SPECIAL ARTICLES



Martha Kisadha



Ruth Stewart



Precilla Kaur



Dr Himanshu Shah, MD, FACS



Yvette Auger



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FROM THE EDITOR



Dear Freedom Fashion Family,

In the realm where style meets substance, Freedom Fashion Magazine proudly presents its second edition under Golden Nib Publications. Our compass is guided by a purpose greater than aesthetics – the intersection of fashion and mental health.

The 'LIT Freedom Fashion Event' an initiative of 'My Precious Life' lit up India on August 15, 2023 in association with GDMR Foundation and Belle Events, India. Freedom Fashion magazine was launched in the US at Las Vegas on January 10, 2024 . Due to overwhelming support, we announce upcoming events on February 14 in the US and August 15 in India for 2024, with this year focus on "Unmasking Depression."

We are humbled to be one of the few fashion magazines dedicated to mental health causes alongside trends. Beyond fabric and stitches, our pages unravel stories of resilience, courage, and hope.

As Coco Chanel once said, "Fashion is not something that exists in dresses only." Let's celebrate the artistry of design and the strength found in facing the challenges of the mind. Together, let's make a statement that transcends the runway.

With style and empathy,

Gina Vijay

Editor-in-Chief

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WRITE TO : INFO@LITFREEDOMFASHION.COM

LIT FREEDOM FASHION EVENT 2024, DELHI, INDIA



by Martha Kisadha

In the realm of fashion, my purpose is clear: to embolden women with style, confidence, and self-love. Embracing the essence of fabulousness, sassiness, sophistication, and class, while celebrating the uniqueness of every individual, is at the heart of my mission.

From a young age, I harbored a dream of becoming a fashion icon, crafting my distinct style that exuded both natural beauty and individuality. Women often inquired about my clothing choices, intrigued by my unconventional yet captivating ensembles. Thus, fueled by a desire to share my fashion flair, I embarked on the journey of establishing Sassy Boutique by MK.

“EMPOWERING
WOMEN THROUGH
FASHION: THE
JOURNEY OF
SASSY BOUTIQUE
BY MK

At Sassy Boutique, we curate collections that epitomize sophistication, sassiness, and unadulterated fabulousness, catering to the tastes of women who seek that distinct allure. My personal style, characterized by long-wear dresses infused with sophistication and a touch of natural elegance, serves as the cornerstone of the brand's identity.

Looking ahead, I am committed to expanding the reach of Sassy Boutique through immersive fashion shows, engaging events, and personalized styling sessions. Moreover, I am dedicated to giving back to charitable causes within the community, embodying the ethos of empowerment and philanthropy.

My journey is marked by diverse experiences and cultural influences. Born in Uganda and a resident of the United States for over three decades, I have traversed various professional paths, from being a Licensed Esthetician and makeup artist for nearly two decades to embracing the skies as a flight attendant. Additionally, I hold certifications as a Self-Love Coach, reflecting my commitment to nurturing confidence and inner beauty.



For nearly three decades, Minnesota was my home, until eight years ago when I found my sanctuary in the vibrant energy of Las Vegas. It is here, amidst the glitz and glamour of the desert oasis, that I continue to pursue my passion for fashion and empowerment.

In essence, Sassy Boutique by MK is not just a fashion brand; it is a movement – a celebration of femininity, individuality, and self-expression. With each stitch, each design, and each interaction, we strive to uplift women, inspiring them to embrace their uniqueness and radiate confidence in every aspect of their lives.



MEET

Ruth

◆ STEWART

Ruth was born to some Christian parents in a small town in Texas. She was raised in church and she enjoyed playing music, singing, teaching, and leading women's and children's groups. She received her Master's degree in Guidance and Counseling and taught in public schools for over thirty years.

She started a private counseling practice in 2002 after retiring from teaching. She was active with counseling until a few years ago when her mother passed away. Presently she is teaching some classes at private Christian school. Ruth has been interested in mission for work many years and has gone on short term mission trips to Mexico and Romania. She hopes to go to India some day soon.



Counseling

HEALING THE MIND



Marriage was so important to me that I really wanted to wait for the right person. I married at the age of thirty-seven and thought that I had found the right man for me. Things seemed to go pretty well at first and then some things started to happen that made me have some questions.

He was introduced to me by a relative that I loved very much. We started writing letters and the friendship began to grow. He was several years older than I was and had been married more than once. My parents were not very happy about it, however there were other trusted ministers, who thought everything was fine.

He seemed to love the Lord, and we spent many happy times together talking about the Lord and spiritual things. We dated for a few months and then decided to marry. Things went fairly well for a few days and then he started to demonstrate some anger and started getting aggressive. Afterward he would apologize and would say that he did not remember what happened.

HOW I OVERCAME DOMESTIC VIOLENCE

Ruth
◆ STEWART

We seemed to be happy most of the time and worked together in his business. Gradually a little more abuse started to happen and then there would be periods of “honeymoon.” For a long time I did not let anyone know what was happening, then I finally did let my parents know some things. He could be very outgoing and friendly at times and then could change suddenly when things did not go the way he wanted.

There was also a questionable situation which involved some young girls, and he ended up going to prison for a few years. Then I decided to go for a divorce. Even though I loved him very much, I did not want to have to go through that kind of agony again. I prayed about it ever so much and hoped that things could change. Finally the Lord released me and let me know that my life was too precious to be destroyed.

My local pastor was very kind to help me with some counseling and then he recommended that I go to a professional counselor. It was hard for me to want to do this, but it seemed to be the best thing to do. I had been spending a lot of time reading Psalms and had cried rivers of tears. After a few sessions I learned that I had been a classic co-dependent, putting him first in nearly all my decisions. The counselor asked what I wanted to do with the rest of my life, and it took me two weeks to come up with an answer. I finally decided that I wanted to travel and to work toward becoming a Licensed Professional Counselor.

Close to the time my divorce was granted one of my mentors invited me to go to Alaska with her. It was such a great opportunity and I was able to drink in the beauty, which seemed to help heal my broken heart. Another trip became available to go to Europe and that was perfect timing as well.



Another thing I did was to go to singles groups, and one was called divorce recovery.. They used a book called **Growing Through Divorce** by Jim Smoke. This book helped me a great deal.

Then I started taking the counseling courses and eventually passed the state board exam. After retiring from my teaching job I was able to start a counseling service for women and children. The main thing I felt that I could offer was hope. Much of my time was spent working with women in a residential center for abused women. It seemed that most of the women and the children were helped. Later I worked with some other children who had been through abusive situations. It seemed that play therapy and art were helpful in their recovery.

When I met Anu a few years ago at a ministers’ conference, it seemed that we had an instant connection. It seems to be the Lord’s will to pray and work together to help women and children realize that their lives really are precious. The Lord can restore them to a wonderful life.



FASHION BRANDS

THAT SUPPORT MENTAL HEALTH



- **Madhappy:** Madhappy is a clothing brand that aims to destigmatize mental health by promoting positivity and inclusivity. They collaborate with mental health organizations, host community events, and donate a portion of their profits to support mental health initiatives.
- **Kenneth Cole:** Kenneth Cole, the fashion designer, has been an advocate for mental health awareness for many years. The brand has partnered with organizations such as Mental Health Coalition to raise funds and awareness for mental health initiatives.

- **Wear Your Label:** Wear Your Label is a fashion brand that creates clothing with positive affirmations and messages related to mental health. They aim to raise awareness and start conversations about mental health while promoting self-care and self-expression through fashion.
- **The Giving Keys:** The Giving Keys is a jewelry brand that employs individuals transitioning out of homelessness, including many who have experienced mental health challenges. They support mental health initiatives through their sales and also offer employment opportunities to those in need.
- **Aerie:** Aerie, the lingerie and loungewear brand by American Eagle Outfitters, has been praised for its commitment to body positivity and mental health awareness. They have launched campaigns featuring real people with diverse body types and have pledged to support mental health initiatives through their #AerieREAL movement.



These brands are just a few examples of fashion companies that are using their platform to support mental health and promote positive change in the industry and beyond.

CROWNING GLORY

A Night of Elegance,
Purpose, and Legacy at
the Legacy International
Pageant 2024

On the enchanting evening of February 3, 2024, the Kirribilli Club transformed into a spectacle of elegance, beauty, and purpose as it hosted the distinguished Legacy International Pageant Crowning Event in Kirribilli Sydney Australia. Renowned for its commitment to honoring women dedicated to crafting impactful legacy projects, the event bestowed the titles of Miss Australia and other prestigious honors upon deserving individuals for the year 2024. Channel 10's Daniel Doody graced the occasion as the host, infusing a touch of celebrity flair, accompanied by a judging panel comprising stars from the realm of reality TV.

The festivities commenced at 6 PM, with VIP guests granted early access to the showroom, setting the stage for an unforgettable pageant show that unfolded around 7 PM. Beyond being a conventional beauty pageant, the event served as a platform to showcase dedication, intelligence, and legacy projects with the potential to make a significant impact in communities across Australia and beyond.



INTERNATIONALPAGEANT.COM.AU

The crowning of the titleholders stood out as the pinnacle of the evening. Yeukai Ota was bestowed with the title of Mrs. Australia Legacy International 2024, a tribute to her exceptional contributions and commitment to a meaningful legacy project. Yashodhara Mazumder was honored with the Mrs. People's Choice award, and recognized by the public for her remarkable efforts and charismatic presence.

Precilla Kaur was crowned Miss Australia Legacy International 2024, a moment of immense pride and joy as she readies herself to represent Australia and her legacy on the global stage in the USA come August. Heisha Chhotu captured the hearts of many, earning the title of Miss People's Choice with her engaging project and impactful presence.

MS AUSTRALIA

Precilla Kaur crowned Miss Australia Legacy International 2024



In the Ms. category, Harshita Sharma was bestowed with the title of Ms. Australia Legacy International, a recognition of her impactful work and dedication to her legacy project for women's empowerment titled 'I have a voice, I won't be silent, I am a woman. Sophie Albanna was named Ms. People's Choice, highlighting her popularity and the public's endorsement of her legacy initiative.

In addition to celebrating remarkable women in the adult categories, the Legacy International Pageant also casts a spotlight on the younger generation already making waves in their communities. Shaheen Sharma earned the title of Miss Teen Australia Legacy International 2024.

Her project, "Empowering the Future One Child at a Time," focuses on uplifting children through education and mentorship, showcasing her commitment to fostering positive change from a young age. Meanwhile, Angel Ngure captured the title of Miss Pre-Teen Australia Legacy International 2024. Angel's project, "Spreading Smiles Globally," aims to bring joy and happiness to underprivileged children worldwide,

demonstrating that compassion and kindness know no age limit. These young ladies embody the pageant's core values of legacy, service, and global impact, inspiring others to believe in the power of youth to enact change and spread positivity across borders.

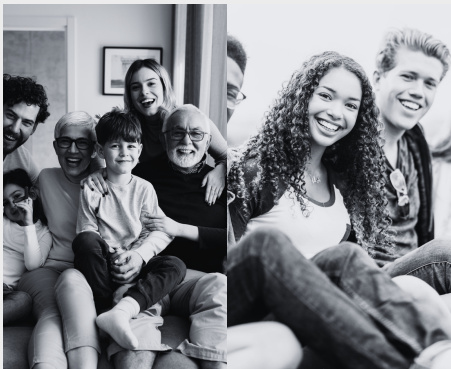
The evening not only revolved around crowning new queens but also symbolized the passing of the torch from existing titleholders to the new, representing a continuous journey of empowerment, legacy building, and international representation. The newly crowned queens for 2024 are poised to become prominent public figures in Australia, embodying the essence of the Legacy International Pageant and sharing their inspiring stories and projects with a global audience.

As the night drew to a close, the Kirribilli Club buzzed with discussions about the impressive projects and the bright futures awaiting these extraordinary women. The Legacy International Pageant Crowning Event of 2024 was indeed a celebration of beauty, brains, and benevolence, marking another milestone in the journey of empowering women to make a difference in the world.

"BREAKING THE SILENCE: UNITING FAMILIES AGAINST DEPRESSION IN A DIGITAL AGE"

As the founder of "My Precious Life" and the driving force behind the "Live In Triumph" initiative, I am deeply passionate about the intersection of fashion and mental health awareness. Our journey began with a mission to address pressing societal issues, starting with suicide prevention, combating depression, and shedding light on domestic violence. This year, our focus turns to the pervasive issue of depression, with the upcoming "Unmasking Depression" fashion event in Delhi on August 15th, 2014.

These innovative initiatives are more crucial than ever in today's world, where mental health issues often go unnoticed or stigmatized. By leveraging the power of fashion and community engagement, we



strive to break down barriers, spark conversations, and foster a supportive environment for those struggling with mental health challenges. Through the platform of our fashion shows, we not only raise awareness but also provide resources, support, and hope to individuals and families affected by these issues.

The impact of our initiatives extends far beyond geographical boundaries, resonating with youth and older generations alike, both in India and the United States. In a world where the pressure to conform to societal norms and expectations can be overwhelming, our events offer a beacon of acceptance, understanding, and solidarity. By showcasing stories of resilience, celebrating diversity, and promoting self-expression through fashion, we empower individuals of all ages to embrace their struggles and triumphs, knowing that they are not alone in their journey towards mental well-being.

In today's interconnected world, depression has become rampant, exacerbated by the pressures of social media and other pervasive influences that infiltrate the youth in negative ways. The constant comparison, unrealistic standards, and cyberbullying prevalent on social platforms can take a severe toll on mental health, particularly among impressionable young minds. To bring about change in society and unify families across the world, we must confront these challenges head-on and develop novel solutions that promote resilience, empathy, and connection.

First and foremost, it is essential to raise awareness about the prevalence and impact of depression, destigmatizing the conversation surrounding mental health and encouraging open dialogue within families and communities. Education and early intervention are key, equipping individuals with the knowledge and tools to recognize the signs of depression and seek help when needed. By fostering a culture of support and understanding, we can create a more inclusive and compassionate society where no one feels alone in their struggles.



LIVE IN TRIUMPH

Furthermore, we must address the root causes of depression and societal pressures that contribute to its rise. This requires a concerted effort to challenge harmful norms and values, promote positive social interactions, and create environments that prioritize mental well-being. By fostering a sense of belonging and purpose, both within families and broader communities, we can mitigate the risk factors associated with depression and build resilience against its effects.

In the United States, where mental health awareness is gaining momentum but still faces significant challenges, initiatives like ours serve as catalysts for change. By highlighting the universality of mental health struggles

and the transformative power of community support, we inspire individuals to speak up, seek help, and advocate for better mental health resources and policies. Together, we can create a world where mental health is prioritized, stigma is eradicated, and everyone feels empowered to live their precious lives to the fullest.

Innovative solutions are needed to tackle the complex challenges posed by depression and its impact on society. This includes leveraging technology for good, harnessing the power of social media and digital platforms to promote mental health awareness, provide support resources, and foster positive connections. Additionally, community-based initiatives, such as support groups, peer mentoring programs, and



art based interventions like our "Live In Triumph" fashion shows, play a crucial role in fostering resilience, empowerment, and unity among individuals and families across the world.

Ultimately, addressing depression and unifying families requires a multifaceted approach that encompasses education, advocacy, support, and cultural change. By working together, embracing diversity, and prioritizing mental well-being, we can create a more compassionate and inclusive world where everyone has the opportunity to thrive.

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My precious Life

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Anuradha Das, a seasoned social worker, has experienced the profound impact of unity and collaboration in driving positive change. Motivated by her unwavering commitment to creating a meaningful difference in society, she embarked on a journey to extend her influence through various creative avenues. From her thought-provoking books to her dynamic movie production company and awe-inspiring fashion events, Anuradha has found innovative ways to spread awareness and inspire others to join the movement for a better world.

COACH AND MOTIVATIONAL SPEAKER

BOOKS AVAILABLE AT
COACHANURADHA.CO.IN
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Our Mission

To use the power of fashion and glamour as a platform to address critical societal issues, raise awareness, and foster positive change. We aim to empower individuals, inspire compassion, and create a safe space for open dialogue, making a meaningful impact on the lives of those in need



Our Vision

Our vision is to become a renowned global platform where fashion transcends beyond the runway, becoming a catalyst for social transformation. By consistently organizing events that spotlight important causes, we aspire to create a world where every individual feels empowered, valued, and supported, regardless of their circumstances. FREEDOM FASHION envisions a future where compassion, inclusivity, and empathy pave the way for a brighter and more compassionate society.





2023 LIT
VOICE AGAINST
DOMESTIC VIOLENCE





JANUARY 10, 2024 -
FREEDOM FASHION
MAGAZINE
US EDITION
LAUNCH



Photo Credit: Stephen Cibo and Action Shot Productions



1. Sustainable Fashion:

With growing concerns about environmental impact and ethical practices in the fashion industry, sustainable fashion has emerged as a prominent trend. Designers are incorporating eco-friendly materials, ethical production methods, and zero-waste techniques into their collections. By promoting sustainability, fashion designers are not only reducing their carbon footprint but also raising awareness about the importance of conscious consumption and environmental stewardship.

TRENDS 2024

2. Inclusive Fashion:

Fashion has the power to celebrate diversity and challenge traditional beauty standards. Inclusive fashion designers are embracing body positivity, gender diversity, and cultural representation in their designs. By featuring models of different ages, sizes, ethnicities, and abilities on the runway and in campaigns, fashion designers are promoting inclusivity and empowering individuals to embrace their unique identities. This trend is not only fostering a more inclusive industry but also challenging societal norms and promoting acceptance and understanding.

FASHION INDUSTRY TRENDS:

Merging Style with Social Awareness

In the ever-evolving world of fashion, designers are not only pushing the boundaries of style but also using their creative platforms to raise awareness about pressing social issues. From sustainability to inclusivity, fashion has become a powerful tool for sparking conversations and driving positive change in society. Let's explore how fashion designing trends are making waves by integrating social awareness into their designs.



3. Fashion Activism:

Fashion has long been used as a form of protest and expression. Fashion designers are harnessing the power of clothing to advocate for social justice and political change. Whether it's through slogan tees, statement accessories, or symbolic designs, fashion activists are using their platforms to raise awareness about various issues, from human rights and gender equality to racial justice and LGBTQ+ rights. By wearing these garments, individuals can show their support for important causes and spark meaningful conversations in their communities.



4. Cultural Heritage Preservation:

Fashion designers are drawing inspiration from diverse cultures and traditions, celebrating the rich heritage of different communities around the world. By incorporating traditional textiles, craftsmanship, and motifs into their designs, fashion designers are not only paying homage to cultural heritage but also promoting cross-cultural exchange and understanding. This trend highlights the importance of preserving cultural diversity and promoting cultural appreciation in the global fashion industry.

FASHION TRENDS

5. Collaborations for Change:

Fashion designers are teaming up with non-profit organizations, activists, and social enterprises to create collaborative collections that support charitable causes and raise awareness about social issues. Through these partnerships, designers are using their influence and resources to make a positive impact in communities around the world. Whether it's raising funds for humanitarian aid, supporting environmental conservation projects, or promoting education and healthcare initiatives, fashion collaborations are driving meaningful change and inspiring others to get involved.

In conclusion, fashion designing trends are not just about creating stylish garments; they are about using fashion as a platform for social awareness and activism. By integrating sustainability, inclusivity, activism, cultural preservation, and collaboration into their designs, fashion designers are demonstrating the transformative power of fashion in shaping a more conscious and compassionate world. As consumers, we have the opportunity to support these initiatives and use fashion as a means of expressing our values and making a positive impact on society.





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TREND WATCH



FASHION TRANSCENDS AGE, OFFERING A CANVAS FOR SELF-EXPRESSION AND CREATIVITY TO INDIVIDUALS OF ALL GENERATIONS. WHETHER YOUNG OR OLD, EMBRACING PERSONAL STYLE ALLOWS ONE TO CELEBRATE INDIVIDUALITY AND EXUDE CONFIDENCE AT ANY STAGE OF LIFE.

AT 80, FASHION BECOMES A TIMELESS EXPRESSION OF PERSONALITY AND CONFIDENCE, EMBRACING COMFORT AND ELEGANCE WITH A HINT OF ADVENTUROUS SPIRIT. WITH EVERY OUTFIT CHOICE, STYLE REFLECTS A LIFETIME OF EXPERIENCES, WISDOM, AND AN UNAPOLOGETIC EMBRACE OF INDIVIDUALITY.





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Founder and CEO Githi Sreenivasan

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Cosmetic Surgery

Dr Himanshu Shah, MD, FACS

Las Vegas's own Dr. Shah explains today's cosmetic surgery for real people with real outcomes.

The performance of a symphony brings art – the art of creating music – and science – the science of making a musical instrument – into harmony. It is the same with plastic and cosmetic surgery – the physician combines scientific skills with the artist's eye to create or restore the desired look.

*H*imanshu Shah, MD, FACS, of Signature Plastic Surgery & Dermatology is the perfect example of such a physician. With a mission of “real people: realistic outcomes”, Dr. Shah's practice is unique in that – while performing all facets of cosmetic surgery – Dr. Shah has special interest in body contouring, including “Mommy Makeovers”, Brazilian butt lifts (BBL), tummy tucks, breast lifts and augmentations. He also performs face and neck lifts, hair restoration, Botox, fillers (Juvederm®, Restalyne®, Radiesse®) and a full range of noninvasive treatments that are available at Signature Plastic Surgery and Dermatology.

He explains, “no matter what I’m doing whether it is a cosmetic surgery or non-invasive facial rejuvenation procedures, I am aware that my work is deeply entwined with a patient’s self-image, with feelings about themselves. This is particularly true of patients who have undergone multiple pregnancies. After having children many mothers are unhappy with how they look, and through my craft I can help reshape their self-image, making their dreams a reality.”

We discussed the process which goes into consultations for procedures, and I gained more insight into Dr. Shah’s artistic process. “When someone comes to see me, they often bring photos of themselves from years ago or pictures from magazines with prototypes of how they wish to look. I am hesitant to use these as the basis for procedures, because each patient’s identity is beautiful and evolves as time goes on. It is unrealistic to obsess about these models, but it is my job to bring out that beauty and redefine their self-image”. To do that job Dr. Shah, takes time to talk to each

patient discussing what they want and explaining the best way to achieve a realistic goal. He educates them about their options and offers support throughout every process.

This support is evident in the experience described by patient M.T., who went to Dr. Shah for tummy tuck. She works in healthcare and did her homework before choosing her plastic surgeon. She reports, “I have dealt with surgeons who have outstanding skills, but their interpersonal skills are those of a rock. Dr. Shah has both the surgical skills and the personal skills to help you with your decision and make you feel comfortable. He’s very well skilled and very ethical.”

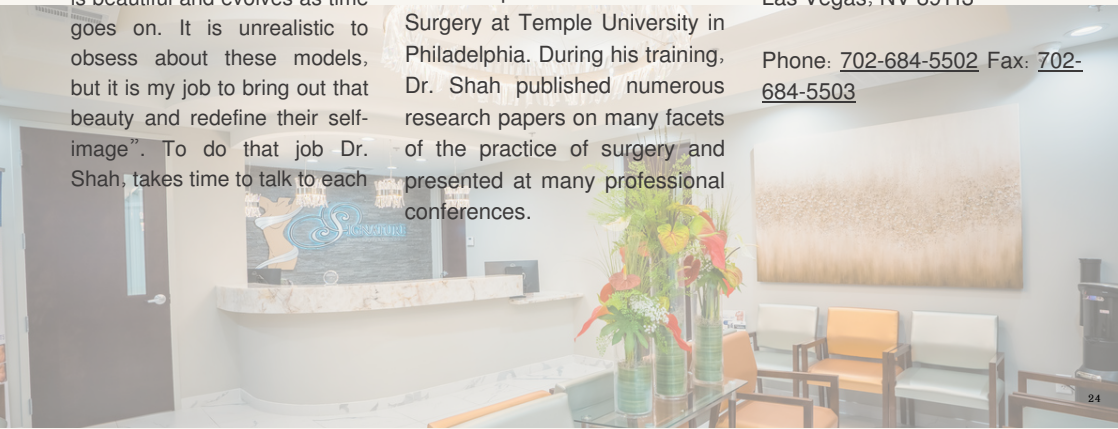
Dr. Shah graduated from Stevens Institute of Technology and earned his medical degree at the University of Medicine and Dentistry of New Jersey. Following medical school, he completed his general surgery training at SUNY-Brooklyn and further specialized in Plastic Surgery at Temple University in Philadelphia. During his training, Dr. Shah published numerous research papers on many facets of the practice of surgery and presented at many professional conferences.

With a stellar academic record and passion for advancing the field, Dr. Shah served as the assistant program director for the Plastic Surgery program at the University of Nevada School of Medicine. Following this Dr. Shah was the Chief of Plastic Surgery at the VA Hospital in Southern Nevada and in 2008 decided to open his own practice.

Dr. Shah’s website www.signatureplasticsurgery.net has full explanations of each procedure with before and after photos to aid in understanding of each. Please call to schedule your complimentary consult at (702) 684-5502.

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"IF NOT NOW, THEN WHEN?"

EMBRACING FASHION AS A PATH TO HEALING AND RENEWAL

"If not now, then when?" These words resonate with a profound sense of urgency, urging us to seize the present moment and embark on the journey towards growth and self-discovery. In the realm of mental health, particularly in the context of depression, this mantra carries even greater significance. When caught in the grip of despair, it's easy to succumb to the notion that change is impossible or that the pursuit of happiness is futile. However, these words remind us that the power to transform our lives lies within our grasp, awaiting only our decision to take that crucial first step towards healing.

Seize the present moment and embark on a journey of self-discovery with the mantra, "If not now, then when?" Embrace fashion as a tool for empowerment and expression, knowing that the time for positive change is always within reach.

Acknowledging and addressing depression requires courage and determination, but it also presents an opportunity for profound personal growth. "If not now, then when?" prompts us to confront the inertia that often accompanies mental health challenges and encourages us to embrace the possibility of change. Whether it's seeking therapy, practicing self-care, or reaching out to loved ones for support, each action taken towards recovery is a testament to our resilience and inner strength.

Fashion, with its ability to shape our outward appearance and reflect our innermost thoughts and emotions, can serve as a powerful tool in this journey of self-transformation. "If not now, then when?" invites us to explore the liberating potential of fashion, encouraging us to use style as a means of self-expression and empowerment. By embracing clothing that makes us feel confident and comfortable, we can cultivate a sense of agency over our appearance and reclaim ownership of our identity.

Ultimately, "If not now, then when?" serves as a rallying cry for those grappling with depression, reminding them that the path to healing begins with a single, courageous decision. By embracing the present moment and harnessing the transformative power of fashion, individuals can embark on a journey of self-discovery, resilience, and renewal, knowing that the time for positive change is always within reach.

I'm your British Realtor finding you your American dream home in Las Vegas, and I was originally a Vegas Showgirl! I came here in the cast of the Irish Dance show phenomenon "Spirit of the Dance," which played at The Golden Nugget for a few years.

As Las Vegas is the entertainment capital of the world, it was such an honor to be cast in a show here, & that was also my ticket to America. I'm proud to say I've now been a US Citizen since 2011.

I originally started my own Networking events "Cosmopolitan Connections" in 2010 & I held them every single week for a full 9 years. I didn't even miss a week when I had my daughter Eugenie. She came to her first event with me at 11 days old, which was our annual Halloween Bash

So what made me go into Real Estate?

I've always loved helping people, & it was a natural transition for me to become a realtor in Las Vegas as I have a large network of friends who I'm able to help, & in return they refer me to their friends & family when they are looking to buy or sell their home.

It also made me start my "Yvette Auger Real Estate Client Appreciation" events back up - monthly now, because I just love connecting people. I have a gift for it & also I like to give back. I have a different gift each month for my real estate friends & family who attend my free events, just to show them how much I do truly appreciate them referring me clients in real estate.

YVETTE AUGER

Las Vegas Realtor You Can Trust"



Instead of advertising my business - I work by referral only, which means I get to choose who I work with. Also when clients are referred to me by their family or friends, they feel in good hands & trust me implicitly which is important

especially in the fact that buying or selling your home it is the biggest transaction of our lives. People like to work with friends who they know, like & trust, & that is me in a nutshell.

I would like to keep growing my business exponentially & that really comes from referrals. I truly appreciate everyone who is helping me & my business to grow from my brokers at Urban Nest Realty, to my wonderfully loyal clients both new & repeat.

Las Vegas can be a very lonely town, that's why it's important to have great friends – who help each other. It's also all about who you know here. So many times I've been able to refer people for whatever they needed at the time, and they have referred me clients back.

Reciprocal relationships in business are what I admire most about Las Vegas, & also anyone can make it as an entrepreneur here, even being a British immigrant such as myself.

I want to teach my daughter Eugenie how to act with grace & poise in a social setting, & empower her to be a Women of Power always – even at such a young age. I am very proud of her & all of her own achievements in school and Ballet. I am encouraging her to be whatever she wants to be when she grows up, even though i would love for her to follow in my footsteps as a Ballerina/ Realtor in Las Vegas of course!

Go to <https://yvettevegas.com/contact-us/> to connect now for expert guidance, market insights, and seamless property ownership. Yvette Auger's seasoned expertise ensures intelligent decisions, while her personalized approach tailors solutions to your needs. Take the first step toward your dream property – contact Yvette today for your remarkable real estate journey in Las Vegas.

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"Your British REALTOR in Las Vegas - Finding You Your American Dream Home"

Photo Credit: David Orlov

Victorious Living

with

PASTOR ANURADHA DAS



**BE A GUEST OR
BRING A GUEST**

KKVV

EVERY

TALK SHOW

KKVV

WEDNESDAY

WITH PASTOR ANURADHA DAS

KKVV

03:00 PM

FROM INDIA

KKVV 1060AM | THE BEST NEWS RADIO | GOSPEL AIRSHIP

EMPOWERING LIVES

The Journey of

"VICTORIOUS LIVING"
WITH ANURADHA DAS

In a world often fraught with challenges and uncertainties, finding the path to victory can seem like an insurmountable task. Yet, nestled amidst the cacophony of daily life, there exists a beacon of hope and inspiration: "Victorious Living" with Anuradha Das. For over a decade, this transformative talk show has been dedicated to empowering, enhancing, teaching, coaching, and uplifting individuals to live a life of triumph. Rooted in biblical principles, "Victorious Living" offers a unique blend of psychology, spirituality, and real-life scenarios, providing viewers with invaluable tools to combat negativity, depression, and adversity.



LIVE

KKVV.COM

Broadcasted on Subh Sandesh Indian TV Channel and now available on YouTube, "Victorious Living" has touched the lives of countless individuals worldwide. This year, the show has expanded its reach even further, launching as a radio talk show on KKVV Radio Channel in the USA, airing every Wednesday at 3 pm. This expansion allows "Victorious Living" to extend its message of hope and transformation to an even broader audience, bridging geographical boundaries and cultural divides.

One of the hallmarks of "Victorious Living" is the powerful stories of miracles and testimonies shared by guests who grace the show. From tales of overcoming illness to triumphing over financial hardship, each narrative serves as a testament to the resilience of the human spirit and the power of faith. These stories not only inspire but also provide practical insights and guidance for viewers navigating their own personal battles.

An integral part of "Victorious Living" is its founder, Anuradha Das. Beyond her role as a talk show host, Anuradha is a visionary leader and the founder of A Rising Eagle Productions LLC. Through this movie production company, Anuradha aims to create films that showcase real-life stories of victory through struggles, trauma, and failures. By amplifying these narratives on the silver screen, Anuradha hopes to further spread the message of hope and empowerment to audiences around the globe.

If you have a story of triumph and resilience to share or know someone whose journey deserves to be celebrated, "Victorious Living" welcomes your participation. You can contact the show at +1 (360) 599-5219 to inquire about being a guest or to nominate someone whose story deserves to be heard. Together, let us continue on the journey of "Victorious Living," where each day brings new opportunities for growth, healing, and transformation.



BE A GUEST OR BRING A GUEST
CONTACT: +1 (360) 599-5219

KENDRA LUCILLE JEFFERSON



Kendra Lucille Jefferson is originally from Caldwell, Tx and is a former classroom teacher who is pursuing her dream of being a successful entrepreneur. She is a lifelong learner who will become an ordained Minister this year. She is a servant leader who ministers hope, love, grace, and healing to the spirits, minds, and bodies of people who connect with her. She currently serves as Unique Women's Executive Advisory Board Ministry Leader. She is one of the early leaders of Lakewood Unique Women's Ministry who pioneered the first groups within the church walls of Lakewood Church. Kendra has strong leadership gifts to equip the Body of Christ and to disciple other women for such a time as this. She is a leader of leaders. Her diverse education, professional, and ministry background makes her a unique woman! Kendra is married to a Maximized Man, Derrick Jefferson, and together, as a blended family, they have seven children. Kendra is a Co-Author of Recipes for the Mind, Body, and Soul, an anthology of stories compiled by Elle Ballard. She is also compiler and Co- Author of Shine Uniquely: Stories of Triumph and Hope.

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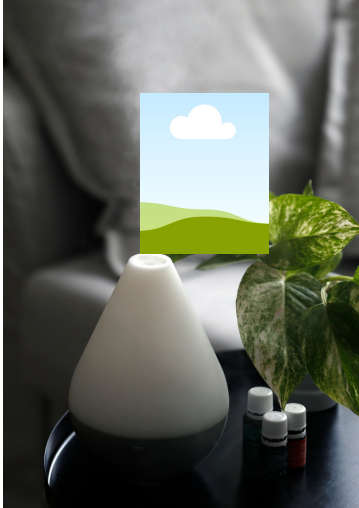
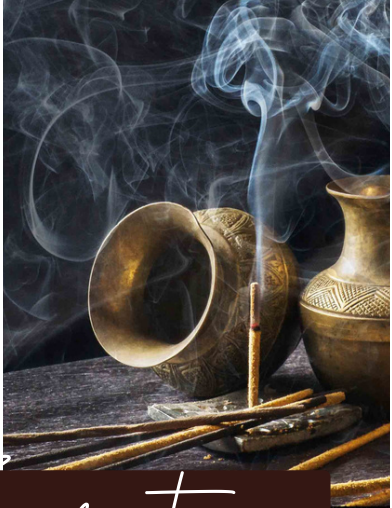
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FASHION FORWARD

EMBRACING THE CUTTING- EDGE ACCESSORIES AND GADGETS OF 2024

Dear Fashion Enthusiasts,

As we venture into the ever-evolving landscape of fashion in 2024, it's evident that innovation continues to shape not only the garments we wear but also the accessories and gadgets that complement our style. This year, we find ourselves at the intersection of fashion and technology, where wearable tech and futuristic accessories are redefining the way we adorn ourselves and interact with the world around us.



One of the most exciting trends of 2024 is the rise of smart accessories that seamlessly blend fashion and functionality. From smartwatches with customizable straps to augmented reality glasses that double as stylish shades, these accessories not only elevate our outfits but also enhance our daily lives with features like fitness tracking, notifications, and navigation.

Furthermore, sustainability remains a driving force in the fashion industry, and this ethos extends to accessories and gadgets as well. Eco-friendly materials such as recycled plastics, vegan leather, and sustainable metals are increasingly being incorporated into accessory design, reflecting a growing awareness of our environmental impact and a commitment to ethical consumption.

In addition to technological advancements and sustainability, personalization continues to be a key trend in accessories and gadgets. Whether it's through customizable jewelry, bespoke handbags, or 3D-printed eyewear, consumers are seeking out accessories that reflect their unique style and personality, embracing individuality in an increasingly homogenized world.



SIGNATURE FASHION BOLD ACCESSORIES

As we embrace the cutting-edge accessories and gadgets of 2024, let us not forget the timeless appeal of classic pieces that withstand the test of time. While technology may continue to push the boundaries of what's possible, there will always be a place for elegant watches, statement jewelry, and chic handbags in our wardrobes. In conclusion, the fashion accessories and gadgets of 2024 represent a fusion of style, innovation, and sustainability. As we navigate this exciting landscape, let us embrace the opportunities for self-expression, creativity, and conscious consumption that these accessories afford us.

Stay stylish,





My Precious Life

My Precious Life, a compassionate and transformative platform dedicated to healing the hearts and empowering the souls of individuals worldwide. Founded by Anuradha Das, our mission is to address the crucial subjects of life that are often avoided, especially emotional and mental wellbeing. In today's challenging world, where a significant percentage of people face emotional and mental issues, there is an urgent need for support and guidance.

At My Precious Life, we believe that everyone is precious and deserves an abundant life filled with joy, purpose, and fulfillment. Anuradha's own journey of overcoming emotional struggles has inspired her to extend a helping hand to others who are facing similar challenges. Through 100% individual counseling, corporate workshops, and relationship counseling, we are committed to making a positive impact on the lives of our clients.

Reach out when you feel you are left out
www.mypreciouslife.co.in



RISING EAGLE
A RISING EAGLE PRODUCTIONS LLC

A Rising Eagle Productions LLC is a major step of faith to start a movie production house to showcase real life inspirational stories that can impact and change perspectives of living. Many among us are unsung heroes. This platform gives opportunity to such heroes to share their stories of victory as well as defeat, that can in one way or the other transform and empower many.

A Rising Eagle Productions LLC is giving opportunity to the winners of LIT to be part of their upcoming project. This is a great opportunity to impact society.

www.arisingeagleproductions.com



SEND YOUR SUPPORT TO :
A RISING EAGLE PRODUCTIONS
ZELLE TO : 360 204 1561

TOUCHING ONE LIFE AT A TIME

TAMIA DOW



- Take Two: Their Second Act. Director. 2022.
- Island Heritage. Short. Director. ...
- A Life of Variety. Short. Director. ...
- A Rising Eagle. Short. Director (directed by) ...
- A Newer Normal. Short. Director. ...
- Why Should I Care? Short. Director. ...
- Together Apart - Dating in the age of CoVid 19. Short. Director (directed by) ...
- Toxic Love. Short. - Actress
- Set in Motion - Actress
- Don't Suck - Actress
- Pimpin Aint Dead Movie - Actress
- Peace of me - Actress
- Move Me No Mountain - Actress
- Reel Woman - Actress
- Pick up Next Stop - Actress
- 8 Days of Life Christmasukkah Story - Actress
- M.O.,M Squad - Actress
- Let Go : Letting Go - Actress
- Marriage is Grand - Actress
- Turn Back Time - Director
- House in Time - Director
- Angel on the Roadside - Director - Upcoming

Tamia Dow started her film career writing, directing and acting in Domestic Violence (DV) Awareness Public Service Announcements for the Las Vegas Metropolitan Police Department (LVMPD) while she was serving as a DV Detective. She retired from the LVMPD and is an ordained minister holding the title of Chaplain. She is a USARMY Veteran.

Tamia is a world traveler and travels often to speak on Empowerment, Leadership, Domestic Violence and Human Trafficking Awareness. In her travels she also learns about other cultures and how Women live and are treated in other countries.

Tamia feels that no one should be living in violent situations and has made it her life mission to educate vulnerable people and their loved ones worldwide on how to live a life free from Violence and Oppression.

Tamia has completed two short films : “Turn Back Time “ (2018) a film about a mentally ill, homeless, female veteran and “Why Should I Care ?” (2018) an eye opening film about how DV affects us all. “Turn Back Time “ won the Best Social Awareness Film award during the 2018 48 Hour Film Project. She is currently working on two more short films. the season.”

<https://www.imdb.com/name/nm10138753/>

Biography. Tamia Dow is a founding board member of the UNLV Veterans Alumni Club. Tamia was a cadet in the UNLV Army ROTC program from 1983-1987 and upon graduation received her Bachelor's Degree In Criminal Justice and her US Army Reserve Commission as a Military Police Officer (1987-1993).

EMBRACING WORTHINESS

How to Stay Stylish and Fashionable Amidst Chaos

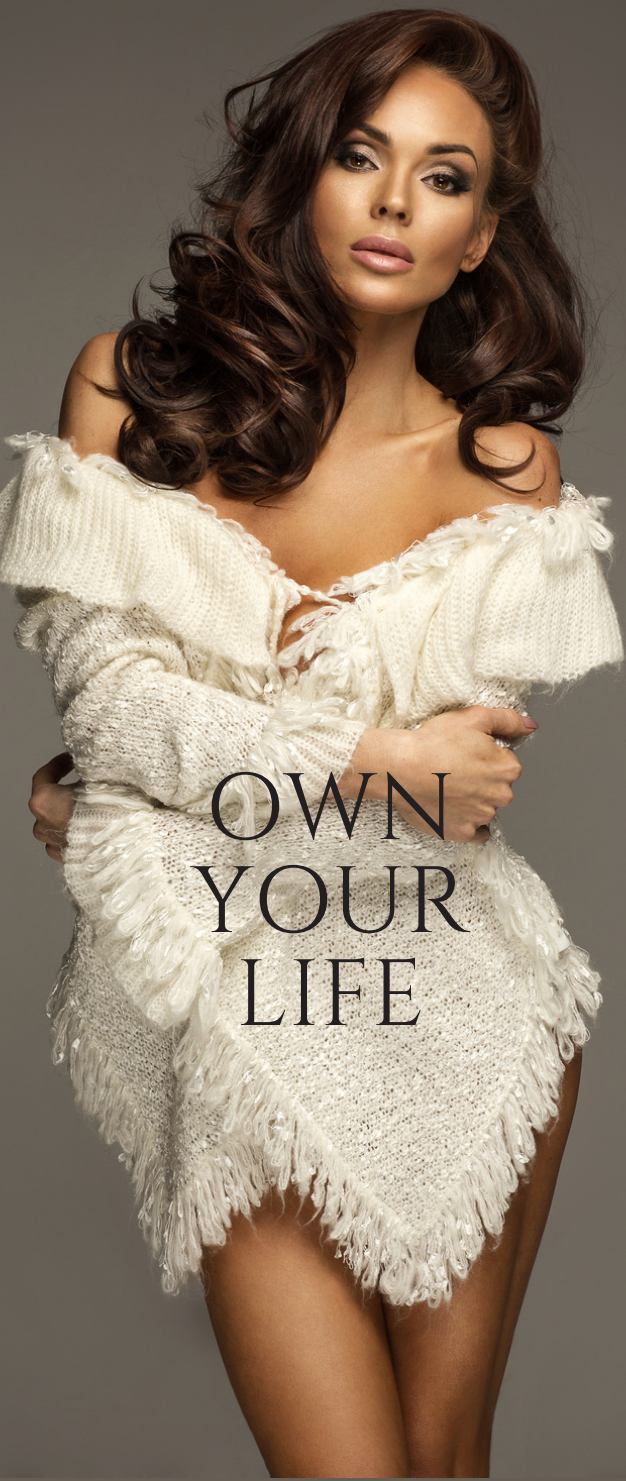
In the hustle and bustle of our modern lives, it's easy to feel overwhelmed and unworthy amidst the chaos. However, it's precisely during these turbulent times that embracing our sense of worthiness and style becomes all the more important. In this article, we'll explore how to cultivate confidence, express our unique style, and stay fashion-forward even in the midst of chaos.

First and foremost, it's crucial to recognize that our worthiness is not determined by external circumstances or societal standards. True worthiness comes from within, rooted in self-acceptance, self-love, and the recognition of our inherent value as individuals. By practicing self-care, setting boundaries, and prioritizing our mental and emotional well-being, we can nurture a sense of worthiness that serves as the foundation for our personal style journey.

"Remember this: Be kind to your mind."

When it comes to fashion, staying stylish amidst chaos requires a blend of creativity, adaptability, and confidence. Rather than succumbing to the chaos around us, use fashion as a form of self-expression and empowerment. Experiment with bold colors, statement pieces, and unexpected combinations to infuse your wardrobe with personality and flair. Whether it's a vibrant scarf, a tailored blazer, or a pair of statement shoes, embrace fashion as a tool for self-expression and authenticity.





OWN YOUR LIFE

EMBRACE YOUR
WORTHINESS,
UNLEASH YOUR
STYLE:
NAVIGATING
CHAOS WITH
CONFIDENCE AND
FLAIR.

Moreover, finding moments of calm and serenity amidst chaos is essential for maintaining our sense of style and fashion. Carve out time for self-care rituals such as meditation, journaling, or simply taking a leisurely stroll outdoors. These moments of mindfulness not only rejuvenate the spirit but also inspire creativity and clarity, allowing us to approach our fashion choices with intention and purpose.

In conclusion, fighting unworthiness and staying stylish amidst chaos is a journey of self-discovery, empowerment, and resilience. By cultivating a sense of worthiness from within, embracing our unique style, and finding moments of calm amidst the storm, we can navigate life's challenges with grace and confidence. Remember, true style isn't just about what we wear—it's about how we carry ourselves and the confidence we exude from within.

MARCH 2024

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FREEDOM FASHION



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